**芒果酸奶球**

**· 制作材料 ·**

芒果80g

酸奶（浓稠）45g

奶粉80克

奶粉（裹粉）一小碗

**· 制作工具 ·**

[烤盘](https://mp.weixin.qq.com/s?__biz=MjM5NDY0MTM3MQ==&mid=2247513170&idx=1&sn=77d6f6ffbc098a761086c129aad2c14d&chksm=a68650e691f1d9f045e35d92d065e12bf5bde4514c98f83b59411c20ae0cdbf13c0c51ec980b&mpshare=1&scene=24&srcid=0705tREx929N4SMGfzh4Bc0z&sharer_sharetime=1625481880936&sharer_shareid=d73a6ed2542da8ca8272d163ffd78533&key=e56c97b12b9bed76138141bce24c7d7d0c1da8679385862f6775acc96f7968d5ea16b8128765abfa276f8337da40c88006ba66d4564eb325980a2d23500b2102ce273bae3385b0d43dc03e22fbf164b42d06845caa2b5e45c2de5eb240ebb1ce60f0f98899141ff5a4eaed447ad361bd7e6ed428f5281bad003cc840b82e84c0&ascene=14&uin=NTExNjIyODE5&devicetype=Windows+7+x64&version=63030068&lang=zh_CN&exportkey=A4KmNdOoT8Hp40b6Sd%2Bbuds%3D&pass_ticket=FzEx2xJCw%2F3Z0lTI1%2BUfbkO8ixzFUATYE7iMJo%2Bz6G%2FiQO2WbZkuBwXJ3BUSxInn&wx_header=0&fontgear=2) / [刮刀](https://mp.weixin.qq.com/s?__biz=MjM5NDY0MTM3MQ==&mid=2247513170&idx=1&sn=77d6f6ffbc098a761086c129aad2c14d&chksm=a68650e691f1d9f045e35d92d065e12bf5bde4514c98f83b59411c20ae0cdbf13c0c51ec980b&mpshare=1&scene=24&srcid=0705tREx929N4SMGfzh4Bc0z&sharer_sharetime=1625481880936&sharer_shareid=d73a6ed2542da8ca8272d163ffd78533&key=e56c97b12b9bed76138141bce24c7d7d0c1da8679385862f6775acc96f7968d5ea16b8128765abfa276f8337da40c88006ba66d4564eb325980a2d23500b2102ce273bae3385b0d43dc03e22fbf164b42d06845caa2b5e45c2de5eb240ebb1ce60f0f98899141ff5a4eaed447ad361bd7e6ed428f5281bad003cc840b82e84c0&ascene=14&uin=NTExNjIyODE5&devicetype=Windows+7+x64&version=63030068&lang=zh_CN&exportkey=A4KmNdOoT8Hp40b6Sd%2Bbuds%3D&pass_ticket=FzEx2xJCw%2F3Z0lTI1%2BUfbkO8ixzFUATYE7iMJo%2Bz6G%2FiQO2WbZkuBwXJ3BUSxInn&wx_header=0&fontgear=2)

[一次性手套](https://mp.weixin.qq.com/s?__biz=MjM5NDY0MTM3MQ==&mid=2247513170&idx=1&sn=77d6f6ffbc098a761086c129aad2c14d&chksm=a68650e691f1d9f045e35d92d065e12bf5bde4514c98f83b59411c20ae0cdbf13c0c51ec980b&mpshare=1&scene=24&srcid=0705tREx929N4SMGfzh4Bc0z&sharer_sharetime=1625481880936&sharer_shareid=d73a6ed2542da8ca8272d163ffd78533&key=e56c97b12b9bed76138141bce24c7d7d0c1da8679385862f6775acc96f7968d5ea16b8128765abfa276f8337da40c88006ba66d4564eb325980a2d23500b2102ce273bae3385b0d43dc03e22fbf164b42d06845caa2b5e45c2de5eb240ebb1ce60f0f98899141ff5a4eaed447ad361bd7e6ed428f5281bad003cc840b82e84c0&ascene=14&uin=NTExNjIyODE5&devicetype=Windows+7+x64&version=63030068&lang=zh_CN&exportkey=A4KmNdOoT8Hp40b6Sd%2Bbuds%3D&pass_ticket=FzEx2xJCw%2F3Z0lTI1%2BUfbkO8ixzFUATYE7iMJo%2Bz6G%2FiQO2WbZkuBwXJ3BUSxInn&wx_header=0&fontgear=2) / 料理机  / [玻璃碗](https://mp.weixin.qq.com/s?__biz=MjM5NDY0MTM3MQ==&mid=2247513170&idx=1&sn=77d6f6ffbc098a761086c129aad2c14d&chksm=a68650e691f1d9f045e35d92d065e12bf5bde4514c98f83b59411c20ae0cdbf13c0c51ec980b&mpshare=1&scene=24&srcid=0705tREx929N4SMGfzh4Bc0z&sharer_sharetime=1625481880936&sharer_shareid=d73a6ed2542da8ca8272d163ffd78533&key=e56c97b12b9bed76138141bce24c7d7d0c1da8679385862f6775acc96f7968d5ea16b8128765abfa276f8337da40c88006ba66d4564eb325980a2d23500b2102ce273bae3385b0d43dc03e22fbf164b42d06845caa2b5e45c2de5eb240ebb1ce60f0f98899141ff5a4eaed447ad361bd7e6ed428f5281bad003cc840b82e84c0&ascene=14&uin=NTExNjIyODE5&devicetype=Windows+7+x64&version=63030068&lang=zh_CN&exportkey=A4KmNdOoT8Hp40b6Sd%2Bbuds%3D&pass_ticket=FzEx2xJCw%2F3Z0lTI1%2BUfbkO8ixzFUATYE7iMJo%2Bz6G%2FiQO2WbZkuBwXJ3BUSxInn&wx_header=0&fontgear=2)

 制作步骤

▼ STEP 1

将芒果去皮切成小块，和酸奶一起倒入料理机内搅拌。

▼ STEP 2

把芒果酸奶糊倒入碗中，再倒入奶粉拌匀。

▼ STEP 3

把酸奶糊搓成一个个小球，喜欢冰凉口感的可以冷冻一下。

▼ STEP 4

在烤盘中倒入奶粉，把搓好的小球表面裹满奶粉即可。